

COVID- 19 LIABILITY WAIVER AND RELEASE  
EMDR THERAPY & MINDFULNESS

Gray Matters Therapy Workshops, LLC (Hereinafter known as GMTW) has preventative measures in place to reduce the spread of COVID-19 due to the virus' contagious nature, spreading primarily from person-to-person contact. Currently, the University of Kansas does not have a mask mandate. Socially distanced seating will be available. Please note that GMTW cannot guarantee that anyone attending the training will not become infected with COVID-19.

I understand and agree to the following:

- By agreeing to attend this training in person, I assume the risk for any exposure or infection to COVID-19 which may result from my choice to attend a GMTW training. I am aware I should consult with my physician on public and personal health risk.
- I am under no obligation to attend the training in person and I may choose to change my registration status to virtual attendance until 11:59pm on March 31, 2023.
- I agree to comply with any company or public health orders and guidelines addressing protective masks and safe distance measuring policies in the building. I understand that if I do not adhere to these precautionary requirements, GMTW reserves the right to require me to leave the training site immediately.
- I agree to self-monitor for signs and symptoms of COVID-19 (symptoms typically include fever, cough, congestion, and shortness of breath) and, contact GMTW at info@graymattertherapyworkshops.com if I experience symptoms of COVID-19 within 14 days after participating in this training.
- I understand that in order to keep the members of our community safe, GMTW reserves the right to require me to leave the training site immediately if I have a fever or any other symptoms associated with COVID-19.
- I understand that GMTW, reserves the right to amend, add, or abrogate any of the foregoing precautions according to any published federal, state, or local health guidelines and that I will be notified of any changes to the agreement.
- In certain circumstances, GMTW may be required to notify federal, state, or local health authorities that you have attended this training. If this is required to be reported, I understand GMTW will only report the minimum information necessary to perform their health duties.

In light of the ongoing spread of COVID-19, individuals who fall within any of the categories below should not attend in person trainings. I agree not to attend if:

1. I currently or within the past fourteen (14) days have experienced any symptoms associated with COVID-19, which include fever, cough, and shortness of breath among others;
2. I may have been exposed to a confirmed or suspected case of COVID- 19 or have been diagnosed with COVID-19 and are not yet cleared as non-contagious by state or local public health authorities or the health care team responsible for their treatment.

Release and waiver. I voluntarily assume all risks and accept sole responsibility for any exposure or infection of COVID-19 which may result from my choice to attend this GMTW training. I hereby release, waive and forever discharge any and all liability, claims, and demands of whatever kind or nature against GMTW and its affiliated partners and sponsors, including in each case, without limitation, their directors, officers, employees, and volunteers, either in law or in equity, to the fullest extent permissible by law, including but not limited to damages or losses caused by the negligence, fault or conduct of any kind on the part of the participants, including but not limited to death, bodily injury, illness, economic loss or out of pocket expenses, or loss or damage to property, which I, my heirs, assignees, next of kin and/or legally appointed or designated representatives, may have or which may hereinafter accrue on my behalf, which arise or may hereafter arise from my participation in the training.

*\*GMTW will continue to monitor the changing guidelines for the COVID-19 pandemic and will update policies as needed.*

Printed Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_