

**Save the Date!**  
**April 2-3, 2027**

**Bruce Hersey, LCSW**  
**EM[IFS]DR:**  
**Fitting IFS Into Your EMDR Practice**



This course focuses on Bruce Hersey's Syzygy Model™ of IFS-Informed EMDR, a unique synthesis of IFS, EMDR and Coherence Therapy. It reconceptualizes the understanding of dual attention & EMDR targeting & provides an alternative path for EMDR processing with blended protectors. Includes practical tools taught through lecture, discussion, live demos & practice opportunities.

**Bruce Hersey** is a Licensed Clinical Social Worker specializing in complex disorders of attachment and trauma and currently principally involved in teaching and consulting on the integration of IFS and Coherence Therapy within the application of EMDR. Over 15 years of developing this hybrid integration has led to the formulation of the Syzygy Model™ of IFS-Informed EMDR, which is exclusively taught by the Syzygy Institute™ which he co-founded with Michelle Richardson, LCSW in 2022. Bruce has reached audiences in-person and via zoom internationally, including the UK, Canada, Australia, Italy, Russia & Kazakhstan and has presented at EMDRIA, EMDR-UK, EMDRAA, AASECT, and IFS International Conferences. For years he maintained advanced credentials in clinical hypnosis (Approved Consultant) and sex therapy (Certified Supervisor) and currently maintains the status of IFS Approved Clinical Consultant and EMDRIA Approved Consultant. He has contributed a chapter in the recently published volume, *IFS-Informed EMDR: Creative and Collaborative Approaches* edited by David Polidi and is a co-author of a soon-to-be published book devoted to the Syzygy Model. Prerecorded continuing education workshops on his methods are available at [emdrifs.com](http://emdrifs.com) as well as [www.syzygyinstitute.com](http://www.syzygyinstitute.com).

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*Michelle Anspaugh, LCMFT, LPC and Susan Wulff, LPC*  
[www.graymatterstherapyworkshops.com](http://www.graymatterstherapyworkshops.com) [info@graymatterstherapyworkshops.com](mailto:info@graymatterstherapyworkshops.com)